



eLEADERSHIP
ACADEMY™



eFOCUS



SUCCESS FOLLOWS FOCUS

Short Courses, 2 Hours per Week

Success follows focus.

Fine tune your leadership through one of our eFOCUS electives.

Inclusive Leadership

Self-Paced, 4 Modules, 2 Hours Per Module

You will learn essential practices for building inclusive cultures and leading Diversity, Equity, Inclusion, and Belonging (DEIB) in the workplace. Leverage insights from cognitive science to gain an understanding of the social brain and increase your inclusive leadership effectiveness.

This course is designed to support organizational DEIB initiatives and help you develop an action plan for being a more inclusive leader.



INCLUSIVE LEADERSHIP

Building Resilience

Self-Paced, 4 Modules, 2 Hours Per Module

The pace of change and growing personal and professional stressors are challenging our performance and well-being like never before. Leveraging insights from cognitive science, this course helps you combat stress and burnout with strategies to improve well-being.

By the end of the course, you will have a full toolkit of manageable micro-actions and a plan to improve self-care, along with strategies to build resilience in the face of adversity.



BUILDING RESILIENCE

Support continued leadership growth.

Who should enroll?

Past participants have held positions from front-line supervisor all the way to CEO. The program offers significant value for anyone looking to advance their leadership skills, and it's open to groups and individuals.



FOR LEADERS OF ALL LEVELS



FLEXIBLE, ONLINE LEARNING



GOOD FOR GROUPS OR INDIVIDUALS

Certification and Credit

- eFOCUS Digital Certification Badge
- Credit toward a Certificate in Applied Leadership (only one eFOCUS Elective required to complete a Certificate in Applied Leadership)

