eLEADERSHIP ACADEMY™

eFOCUS

SUCCESS FOLLOWS FOCUS

On-Demand Short Courses

Success follows focus.

Learn how to rewire the brain for increased performance and improved well-being.

We help leaders train their brain.

Participants will learn how they can build healthier leadership habits—with practical tips on stress management, emotional regulation, and creating an environment that is more conducive to productivity.

Our approach is brain-friendly.

eLeadership Academy programs combine theory, practice, social learning, and insights from cognitive science to ensure that the learning sticks. Featuring convenient online content with assessments, social learning, and expert faculty guidance, participants experience significant personal and professional growth.

Time Commitment
Plan to spend about one to two hours per module (total 4-8 hours). That should give you enough time to read the articles, watch the videos, and complete the practical activities in your Building Resilience Workbook.

Short Course Options:

Building Resilience, 4 Modules
The pace of change is challenging cognitive capacity. With tools for brain health, self-care and focus, this program helps leaders manage stress, build resilience, and increase emotional agility so they can lead from a stronger foundation.

Inclusive Leadership, 4 Modules (Coming Fall 2022)
Learn essential practices for building inclusive cultures and leading diversity, equity, and inclusion in the workplace. Leaders will learn to leverage insights from cognitive science to gain an understanding of the social brain, bias, EDI blind spots, and allyship.

Support continued leadership growth.

Who should enroll?

Past participants have held positions from front-line supervisor all the way to CEO. The program offers significant value for anyone looking to advance their leadership skills, and it's open to groups and individuals.

FOR LEADERS OF ALL LEVELS

FLEXIBLE, ONLINE LEARNING

GOOD FOR GROUPS OR INDIVIDUALS

Certification and Credit

- Certificate of Completion
- eFOCUS Digital Certification Badge
- Credit toward Leadership Series Completion

A comprehensive system for leadership development.

The Leadership Series provides organizations with a blueprint for building leadership growth. An integral part of HR strategy for organizations, and a smart move for career-conscious professionals, the Leadership Series is a turnkey system to ensure that leaders have all of the tools and support they need.

ExecREADY

For leaders who are ready to advance to the executive level, we also offer ExecREADY, an executive development and succession planning option provided outside of the Leadership Series.

Leaders love eLeadership Academy

Our proven, cost-effective programs are ideal for geographically dispersed teams, groups and individuals. We're proud of the fact that 100% of participants would recommend eLeadership Academy to others.

About eLeadership Academy

ONLINE LEADERSHIP TRAINING, REAL LIFE RESULTS

The eLeadership Academy offers brain-based, human-centric courses to strengthen leadership, coaching, management, and overall resilience for leaders of all levels. Thanks to our proven system, our programs have exceptional completion and returning student rates.

"After many years of classroom learning, I finally decided to take an online course. I am thrilled to say I enjoyed every minute of it and feel more confident as a leader!"

– ***Michelle Burrows,*** *Branch Manager*

"I questioned whether an online course would fit the bill when it came to learning about leading. The integration of webinars, discussion and relevant videos made me feel like I was in a group setting. Well done!"

– ***Tammy Vanbeselaere,*** *Regional Manager*

"I enjoyed every module! I think we were able to pack in an enormous amount of learning within a manageable time commitment."

– ***Karla Graff,*** *Member Solutions Centre Supervisor*